**Medications that interfere with Allergy testing**

Many common medications, especially antihistamines, interfere with Allergy skin tests. Antihistamines are in many over-the-counter medications for allergies, colds and sinus problems. It is important to stop taking these medications at least 1 week prior to your visit so that skin tests can be performed.

If you are currently experiencing significant skin symptoms such as hives (urticaria) or swelling (angioedema), or if you were put on antihistamines for a severe allergic reaction (anaphylaxis), do not stop your antihistamine without contacting our office first. **If you have any questions about medications not on this list that could interfere with skin testing, please contact our office at (417) 875-3742.**

**H1 Antihistamines** – **Hold for 1 week** before visit

Zyrtec (Cetirizine) Dimetapp Patanase nasal spray

Xyzal Chlor-Trimeton Patanol eye drops

Allegra (Fexofenadine) Tavist Tylenol Allergy Sinus

Claratin (Loratadine) Atarax (Hydroxyzine) Optivar eye drops

Clarinex Vistaril Elestat eye drops

Benadryl Hismanal (Aztemizole) Tylenol Flu Nightime

Diphenylhydramine Astelin nasal spray Tylenol Cold and Flu

Actifed Astepro nasal spray Dramamine/Meclizine

**H2 blocking medications (for reducing stomach acid)** - **Hold dose** starting the evening before visit

Pepcid (Famotidine)

Zantac (Ranitidine)

Tagament (Cimetidine)

**Leukotriene blocking medications** - **Hold dose** the morning of visit

Singulair (Monteleukast)

Zyflo (Zileuon)

Accolate (Zafirlukast)

**Oral Steroids –** **Call us** if you are on more than 20 mg prednisone or 16 mg of medrol per day. DO NOT stop taking

unless directed by a physician.

**Asthma inhalers -** These DO NOT interfere with allergy testing, **continue taking as prescribed**

Flovent (Fluticasone) Qvar Alvesco

Pulmicort Albuterol (Proair, Proventil, Ventolin) Dulara

Advair Xopenex (Ievalbuterol)

Symbicort Maxair

Asmanex Combivent

Azmacort Atrovent

Aerobid Duoneb

**Corticosteroid nasal sprays -** These DO NOT interfere with allergy testing, **continue taking as prescribed**

Flonase (Fluticasone) Rhinocort

Veramyst Nasalide

Nasonex Omnaris/Zetonna (Ciclesonide)

Nasocort QNASL

**Other medications -** Other types of medication may interfere with skin testing. If you are taking these meds **please call us to receive special instructions prior to discontinuing.** DO NOT discontinue them unless instructed by a physician.

Doxepin (Sinequan, Adapin) Amoxapine (Asendin) Trazodone

Imipramine (Tofranil) Nortriptyline (Pamelor) Desipramine (Norpramin) Protriptyline (Vivactil) Trimipramine (Surmontil) Phenegren /Compazine

Amitriptyline (Elavil, Endep, Triavil, Limbitrol) Seroquel Clomipramine (Anafranil)

Cyclobenzaprine (Flexaril)