

## **Medications that interfere with Allergy testing**

Many common medications, especially antihistamines, interfere with Allergy skin tests. Antihistamines are in many over-the-counter medications for allergies, colds and sinus problems. It is important to stop taking these medications at least 1 week prior to your visit so that skin tests can be performed.

If you are currently experiencing significant skin symptoms such as hives (urticaria) or swelling (angioedema), or if you were put on antihistamines for a severe allergic reaction (anaphylaxis), do not stop your antihistamine without contacting our office first. **If you have any questions about medications not on this list that could interfere with skin testing, please contact our office at (417) 875-3742.**

### **H1 Antihistamines Hold for 1 week before visit**

Zyrtec (Cetirizine)	Dimetapp	Patanase nasal spray
Xyzal	Chlor-Trimeton	Patanol eye drops
Allegra (Fexofenadine)	Tavist	Tylenol Allergy Sinus
Claratin (Loratadine)	Atarax (Hydroxyzine)	Optivar eye drops
Clarinex	Vistaril	Elestat eye drops
Benadryl	Hismanal (Aztemizole)	Tylenol Flu Nighttime
Diphenylhydramine	Astelin nasal spray	Tylenol Cold and Flu
Actifed	Astepro nasal spray	Dramamine/Meclizine

### **H2 blocking medications (for reducing stomach acid) - Hold dose starting the evening before visit**

Pepcid (Famotidine)  
Zantac (Ranitidine)  
Tagament (Cimetidine)

### **Leukotriene blocking medications - Hold dose the morning of visit**

Singulair (Monteleukast)  
Zyflo (Zileuon)  
Accolate (Zafirlukast)

**Oral Steroids Call us if you are on more than 20 mg prednisone or 16 mg of medrol per day. DO NOT stop taking unless directed by a physician.**

### **Asthma inhalers - These DO NOT interfere with allergy testing, continue taking as prescribed**

Flovent (Fluticasone)	Qvar	Alvesco
Pulmicort	Albuterol (Proair, Proventil, Ventolin)	Dulara
Advair	Xoponex (Ievalbuterol)	
Symbicort	Maxair	
Asmanex	Combivent	
Azmacort	Atrovent	
Aerobid	Duoneb	

### **Corticosteroid nasal sprays - These DO NOT interfere with allergy testing, continue taking as prescribed**

Flonase (Fluticasone)	Rhinocort
Veramyst	Nasalide
Nasonex	Omnaris/Zetonna (Ciclesonide)
Nasocort	QNASL

**Other medications - Other types of medication may interfere with skin testing. If you are taking these meds please call us to receive special instructions prior to discontinuing. DO NOT discontinue them unless instructed by a physician.**

Doxepin (Sinequan, Adapin)	Amoxapine (Asendin)	Trazodone
Imipramine (Tofranil)	Nortriptyline (Pamelor)	Desipramine (Norpramin)
Protriptyline (Vivactil)	Trimipramine (Summontil)	Phenegren /Compazine
Amitriptyline (Elavil, Endep, Triavil, Limbitrol)	Seroquel	Clomipramine (Anafranil)